



Yogini Ekadashi Vrat 2045

Yogini Ekadashi



When is **Yogini Ekadashi Vrat** in 2045?
July, 10 Jul, 2045

Yogini Ekadashi Vrat Muhurat For New Delhi, India

Yogini Ekadashi Parana Time : 13:49:30 to 16:35:44 on 11th, July

Duration : 2 Hour 46 Minute

Hari Vasara End Moment : at 09:05:28 on 11th, July

Lord Shri Narayana, one of the other names of Lord Vishnu, is pooja on the day of Yogini Ekadashi. The person who fast on this Ekadashi is liberated and even redemption from all sins, like cutting Peepal tree. Doing this fast results in eliminate any harmful effects of any curse. This Ekadashi destroy all diseases of the body and makes you beautiful and healthy with excellent



qualities and greatness.

Yogini Ekadashi Vrat Puja Vidhi

This Ekadashi is purely satisfying. The procedure of this fast is as follows:

1. The rules of the fast begin a day before. On the night of Dashmi, the devotee should not eat any meal made with wheat barley and moong dal.
2. On Ekadashi, one should not eat salted food, and it must also be avoid in the night of Dashami.
3. After taking a shower at early morning on Ekadashi, one should vow for the fast.
4. After that urn installation (Kalash Sthapna) should be performing. The statue of Lord Vishnu should be placed on top of the urn and worshipped. At night, Jagrans should be performing.
5. This fast start from the night of Dashmi and ends on the morning of Dwadashi after donation and charity.

Significance of Yogini Ekadashi Vrat

Yogini Ekadashi Vrat brings affluence and joy in life and is popular in all three dimensions. It is believed that by fasting for this Ekadashi, one gets good virtue equal to donation food to 88 thousand Brahmins.

Yogini Ekadashi Vrat Katha

In pristine times, a landscape gardener named Hem lived at the place of King Kuber in the city of Alkapuri. His job was to bring flowers daily from Mansarovar for worshipping Lord Shiva. One day, he got a bit late to bring flowers as he spends too much time with his wife. He arrived late at gathering. As a result, Kuber got annoyed and cursed him to be a leper. Getting affect from the curse, he wanders around and luckily one day, reached the hermitage (Ashram) of Markandeya Rishi. Using his powers, Rishi found out the reason for his situation and told him to do the Yogini Ekadashi Vrat. With the impact of the fast, Hem's leprosy ended and he attained salvation.



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26 Aug, 2026



Raksha Bandhan

28 Aug, 2026



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28 Aug, 2026



Sankashti Chaturthi

31 Aug, 2026



Kajari Teej

31 Aug, 2026



Janmashtami

04 Sep, 2026



Aja Ekadashi Vrat

07 Sep, 2026



Pradosh Vrat

08 Sep, 2026



Masik Shivratri

09 Sep, 2026



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