



Vaishakha Purnima Vrat 2023



When is **Vaishakha Purnima Vrat** in 2023?
May, 05 May, 2023

Vaishakha Purnima Vrat Muhurat For New Delhi, India

Poornima Tithi Begins at 23:45:55 on May 4, 2023

Poornima Tithi Ends at 23:05:28 on May 5, 2023

Vaishakha Purnima is of prime importance in Hindu faith. On this day, various charity and spiritual activities are performing. This Poornima is also known by the name of Satya Vinayak Purnima. On this Purnima, Lord Vishnu embody on the form of Mahatma Buddha. So, Buddhist followers celebrate this day very drudgingly and enthusiastically.



Vaishakha Purnima Vrat Rituals

Fasting and performing virtuous deeds on this Purnima offers favorable results. Like other Poornima fasts, the rituals for Vaishakha Purnima Vrat is also same, though with few additional rituals which are as follows:

- On this day, take a bath in a holy river, reservoir, well or Bawari before sunrise. After that, offer Argh to the Sun God while chanting Surya Mantra.
- Take vow for the fast and worship Lord Vishnu.
- By donate water filled vessel and food in the name of Dharmraj (Yamraj), offer results equivalent to Godan (Cow donation).
- By donate sesame seeds along with sugar to 5 or 7 needy persons, all sins of a person ends.
- Light sesame oil lamps and offer sesame seeds as well.
- Have food only one time on this day.

Importance of Vaishakha Purnima

As per Hindu faith, Dharmraj is worshipped on Vaishakha Purnima. So, a person is freed from the fear of precocious death by fasting on this day. It is assumed that when Sudama, the childhood friend of Lord Krishna, reached Dwarka to meet him, Lord Krishna told him the rules (Vidhan) of Satya Vinayak Poornima Vrat. With the result of the fast, all poverty of Sudama ended.

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Upcoming Festivals



Onam Thiruvonam

26 Aug, 2026



Raksha Bandhan

28 Aug, 2026



Shravana Purnima Vrat

28 Aug, 2026



Sankashti Chaturthi

31 Aug, 2026



Kajari Teej

31 Aug, 2026



Janmashtami

04 Sep, 2026



Aja Ekadashi Vrat

07 Sep, 2026



Pradosh Vrat

08 Sep, 2026



Masik Shivratri

09 Sep, 2026



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