



## Paush Purnima 2045



When is **Paush Purnima** in 2045?  
**January, 03 Jan, 2045**

### Paush Purnima Vrat Muhurat For New Delhi, India

**Poornima Tithi Begins at 19:39:38 on January 2, 2045**

**Poornima Tithi Ends at 15:52:18 on January 3, 2045**

Purnima or Full Moon in Shukla Paksh within Paush month as per Hindu Panchang is known as Paush Purnima. It holds of a major importance as per Hindu religion. This date is dear to Moon, as on this day it appears as a whole. As per Hindu historical scriptures, devotees do donations, bathe in sacred water and offer water to Lord Sun on Paush Poornima. It is widely believed that carrying out such virtuous acts and accomplish it provides superb results. On the day of Paush



Purnima, bathing in Kashi Prayag Raj and Ganga in Haridwar is said to be of high significance.

## Importance of Paush Purnima

Pursuant to Vedic Astrology and Hindu faith, Paush is known to be the month of Lord Sun. Worshipping him leads to salvation, which is why on this day, admirer in mass numbers take a divine dip and offer water to Lord Sun. Since this is said to be the month of Sun and Purnima as date of Moon, the mystic conjunction of Sun and Moon can be witnessed on Paush Poornima. Worshipping both Sun and Moon on this day results in blessings and wishes being over brim.

## Fasting on Paush Purnima and its Puja Vidhi

On the favorable occasion of Paush Purnima, worshippers come together in one faith and bathe in divine water, do donations, chant and fast in order to attain salvation. Remembering Lord Sun on this day is said to be well important. Fast and Pooja Vidhi for Paush Purnima can be followed as mentioned:

1. Resolute for fasting before take it a holy bath.
2. Before take a dip in the sacred river, well or pool, bow before Varun Dev.
3. Present holy water to Lord Sun while chanting mantras.
4. After that, worship Lord Madhusudan and offer him sacred Bhog or Naivaidh.
5. Do donations by feeding a needy person or Brahmin.
6. Things like laddoo, jaggery or gudh, woollen clothes and blankets must be included as bountiful items.

## Auspicious Functions on Paush Poornima

On Paush Poornima, several spiritual functions and activities take place in various pilgrimage and holy cities. Magh Mela is conducted in Tirthraj Prayag. Taking a holy dip is said to be a favorable ritual to be complete on this day.



**2045 Festivals**  
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## Upcoming Festivals



**Onam Thiruvonam**

**26 Aug, 2026**



**Raksha Bandhan**

**28 Aug, 2026**



**Shravana Purnima Vrat**

**28 Aug, 2026**



**Sankashti Chaturthi**

**31 Aug, 2026**



**Kajari Teej**

**31 Aug, 2026**



**Janmashtami**

**04 Sep, 2026**



**Aja Ekadashi Vrat**

**07 Sep, 2026**



**Pradosh Vrat**

**08 Sep, 2026**



**Masik Shivratri**

**09 Sep, 2026**



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