



## Masik Shivratri 09 Sep, 2045

*Masik Shivaratri*



When is **Masik Shivratri** in 2045?  
**September, 09 Sep, 2045**

| Festival                        | Date         |
|---------------------------------|--------------|
| <a href="#">Masik Shivratri</a> | 16 Jan, 2045 |
| <a href="#">Masik Shivratri</a> | 15 Feb, 2045 |
| <a href="#">Masik Shivratri</a> | 16 Mar, 2045 |
| <a href="#">Masik Shivratri</a> | 15 Apr, 2045 |
| <a href="#">Masik Shivratri</a> | 15 May, 2045 |
| <a href="#">Masik Shivratri</a> | 13 Jun, 2045 |
| <a href="#">Masik Shivratri</a> | 12 Jul, 2045 |
| <a href="#">Masik Shivratri</a> | 11 Aug, 2045 |
| <a href="#">Masik Shivratri</a> | 09 Sep, 2045 |
| <a href="#">Masik Shivratri</a> | 08 Oct, 2045 |
| <a href="#">Masik Shivratri</a> | 07 Nov, 2045 |
| <a href="#">Masik Shivratri</a> | 06 Dec, 2045 |



As per Hindu calendar, Masik Shivratri is notable on the 14th day of each month during the waning moon (Krishna Paksha) half. Masik means 'monthly' and Shivaratri means 'night of Lord Shiva'. The day is observed every month whereas Mahashivratri falls once in a year. The fast of Masik Shivratri helps spinsters attain desired partners. Not only the day helps devotees manage their senses but it also helps them to curb rogue feelings of anger, jealousy, pride, and seduction.

## The Significance of Masik Shivratri

Masik Shivratri is considered as a powerful and favorable fast dedicated to the highest lord, Shiva. It is observed by men and women for better living and improvement of the future. It is believed that if you chant Shiva mantra Om Namah Shivaya for the entire day and night, then you can keep yourself away from all the Mundane desires. Some of the benefits of keeping Masik Shivratri fast include quick recover, pink health, and outbound delight. It is said that with this fast, one can attain salvation, Emancipation, and freedom from all the stress and misery of a lifetime.

## Mahashivratri: The Possibility to Integrate Human Body

Shivaratri is the 14th night of the lunar month. It is believed as until the darkest night because it comes before the new moon or Amavasya. Mahashivratri is a night of endless likelihood, religious success, and outbound growth and delight. Worshiping Lord Shiva with pure heart and soul helps you attain salvation and grace for a lifetime.

- **Shave Head on Mahashivratri**

People shaving their head on Mahashivratri because it comes before the new moon day when there is an upward force of energy in the human body. Shaving one's head on the day of Mahashivratri is seen as an icon of spiritual enlightenment and mental legibility.

- **Force of Energy on Mahashivratri**

Among all the 12 Shivaratri that falls in the Hindu calendar, Mahashivratri holds the most religious significance. This is a day when nature pushes human beings towards one's spiritual self. The meaning of this night-long festival is to allow natural increase of energies



in the universe.

- **Mahashivratri: A day of Spiritual Importance**

Mahashivratri is important for people who walk on the path of exhortation and growth.

People who live in family observe Mahashivratri as Shiva's wedding anniversary. Those with Mundane ambitions see that day as the day Shiva defeated his entire enemy.

## Fasting on Shivratri

Be it Masik Shivratri or Mahashivratri, devotees follow the same fast process.

- First, they take a bath with sesame seeds as it helps them to remove body impurity.
- After that, they visit Shiva temple and do hymns, bhajans, and prayers to please Lord Shiva.
- People offer honey, sandalwood paste, yogurt, rosewater, and flowers to worship Shiva Linga.
- People also offer Aegle Marmelos (bel Patra), betel leaves (paan patta), rice, and fruits, to spruce the deity.
- Diyas and incense sticks are illuminant to invoke Lord Shiva's blessings.
- Devotees also apply sacred ash (vibhuti or bhasma) on their brow.
- The mantra Om Namah Shivaya is chanted throughout the day and night.
- It is said that the mantra is capable of discharge you from your previous sins.

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## Upcoming Festivals



**Onam Thiruvonam**

**26 Aug, 2026**



**Raksha Bandhan**

**28 Aug, 2026**



**Shravana Purnima Vrat**

**28 Aug, 2026**



**Sankashti Chaturthi**

**31 Aug, 2026**



**Kajari Teej**

**31 Aug, 2026**



**Janmashtami**

**04 Sep, 2026**



**Aja Ekadashi Vrat**

**07 Sep, 2026**



**Pradosh Vrat**

**08 Sep, 2026**



**Masik Shivratri**

**09 Sep, 2026**



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