



Navagraha Shanti Mantras: Complete Chanting Guide for Planetary Peace and Aura Cleansing



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The Science of Sound (Shabda Brahma) in Vedic Planetary Healing

In Vedic philosophy, the entire cosmos vibrates with primordial frequency. The **9 Navagrahas** resonate with precise sound frequencies (*Beej Mantras*). When a planet in your birth chart is afflicted, combust, or transiting through a sensitive house, chanting its specific Vedic Beej Mantra aligns your personal bio-field (aura) with the cosmic harmony of that planet, dissolving karmic obstacles without any material cost.

The 9 Navagraha Beej Mantras & Chanting Guidelines



Planet	Authentic Beej Mantra	Target Count	Best Day & Direction
Sun (Surya)	Om Hram Hreem Hroum Sah Suryaya Namah	7,000 times	Sunday Sunrise / East
Moon (Chandra)	Om Shram Shreem Shroum Sah Chandraya Namah	11,000 times	Monday Evening / North-West
Mars (Mangal)	Om Kram Kreem Kroum Sah Bhaumaya Namah	10,000 times	Tuesday Morning / South
Mercury (Budha)	Om Bram Breem Broum Sah Budhaya Namah	9,000 times	Wednesday Morning / North
Jupiter (Guru)	Om Gram Greem Groum Sah Gurave Namah	19,000 times	Thursday Morning / North-East
Venus (Shukra)	Om Dram Dreem Droum Sah Shukraya Namah	16,000 times	Friday Sunrise / South-East
Saturn (Shani)	Om Pram Preem Proum Sah Shanaishcharaya Namah	23,000 times	Saturday Sunset / West
Rahu	Om Bhram Bhreem Bhroum Sah Rahave Namah	18,000 times	Saturday Night / South-West
Ketu	Om Sram Sreem Sroum Sah Ketave Namah	17,000 times	Tuesday Night / North-West

How to Create a Daily Planetary Cleansing Routine

1. Sit in a quiet space facing East or North on a clean wool or Kusha grass mat (Asana).
2. Use a Tulsi, Rudraksha, or Lotus seed rosary (Mala) containing 108 beads.
3. Maintain pure pronunciation and focus on the visual yantra or form of the planetary deity.
4. Conclude with three repetitions of the universal peace mantra: *"Om Shanti, Shanti, Shanti"*.

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