



The Complete 1 to 14 Mukhi Rudraksha Guide: Powers, Ruling Deities & Wearing Rules



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The Divine Origin of Sacred Rudraksha Beads

According to the sacred *Shiva Purana*, the word **Rudraksha** is derived from *Rudra* (Lord Shiva) and *Aksha* (Tears). Legend narrates that after thousands of years of deep transcendental meditation for cosmic welfare, Lord Shiva opened his compassionate eyes and shed tears of divine ecstasy upon the earth, which blossomed into sacred Rudraksha trees (*Elaeocarpus ganitrus*). Unlike gemstones, authentic Rudraksha beads carry no negative planetary side effects and emit subtle bio-magnetic frequencies that balance the human nervous system and chakras.



1 to 14 Mukhi Rudraksha Classification & Benefits

Mukhi (Faces)	Presiding Deity	Ruling Planet	Core Spiritual & Health Benefits
1 Mukhi	Lord Shiva	Sun	Supreme consciousness, leadership, destruction of ego, super-concentration.
2 Mukhi	Ardhanarishvara	Moon	Emotional harmony, partnership unity, cures relationship anxiety.
3 Mukhi	Lord Agni	Mars	Purifies past-life guilt, destroys lethargy, boosts self-esteem and vitality.
4 Mukhi	Lord Brahma	Mercury	Intellectual wisdom, memory power, vocal clarity, academic brilliance.
5 Mukhi	Lord Kalagni Rudra	Jupiter	Overall peace, blood pressure regulation, spiritual growth, universal protection.
6 Mukhi	Lord Kartikeya	Venus	Willpower, emotional grounding, attractive aura, athletic prowess.
7 Mukhi	Goddess Mahalakshmi	Saturn	Financial prosperity, destroys poverty, relieves Saturn Sade Sati stress.
8 Mukhi	Lord Ganesha	Rahu	Remover of hurdles (Vighnaharta), protects against sudden accidents.
9 Mukhi	Goddess Durga (9 Forms)	Ketu	Courage, fearlessness, dynamism, aura shield against negative energies.
10 Mukhi	Lord Vishnu (10 Avatars)	All Planets	Pacifies all 9 malefic planets, protects against evil eye and court cases.
11 Mukhi	11 Rudras / Lord Hanuman	Mars/Saturn	Physical strength, victory in battles, intense yogic meditation power.
12 Mukhi	12 Adityas (Sun God)	Sun	Radiance, political charisma, health vitality, executive authority.
13 Mukhi	Lord Kamadeva / Indra	Venus	Hypnotic charm, artistic fulfillment, high luxury and sensual attraction.
14 Mukhi	Deva Mani (Lord Shiva)	Saturn	Awakens the Ajna (Third Eye) chakra, foresight, supreme divine intuition.

Rules for Wearing and Maintaining Authentic Rudraksha

- Wear Rudraksha strung in silk or silver thread on an auspicious Monday after chanting "Om Namah Shivaya".
- Condition your beads periodically by gently brushing with natural sandalwood or olive oil to keep them fresh and crack-free.
- Remove Rudraksha while visiting cremation grounds or during intimate physical relations.



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info@astrologydivine.com

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